## What to bring to RDU

- any tablets you need to take on dialysis
- a book or magazine to read
- a small radio with earplug
- headphones for television
- your own blanket and pillow
- wear loose comfortable warm clothes with sleeves that roll up easily

## What we provide

- television (headphones not provided)
- a lunch/dinner box and tea/coffee
- a small locker for your use

## **Visitors**

- Family members and friends are welcome to visit you on dialysis. We would prefer limited numbers for the comfort of the other patients.
- If we have an emergency, we may ask them to leave.

#### **Further information**

If you have any questions you can contact RDU staff on the numbers below.



## Repatriation Dialysis Unit



03 9496 2636 (nurses)

03 9496 2906 (Ward Clerk)

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# REPATRIATION DIALYSIS UNIT

Information on Repatriation Dialysis Unit for dialysis patients and their families.



## **Repatriation Dialysis Unit**

The Repatriation Dialysis Unit (RDU) provides haemodialysis ('artificial kidney') treatment for people with kidney failure.

We are located in *Building 9 Ward 15* on the Repatriation campus of Austin Health (Melway map reference 31 G4). To get to *Building 9*, enter through Gate 9 (off Waterdale Rd). Turn left opposite the Cafe into Boronia St. Once you park your car, please follow signage as displayed to get to RDU. If you get lost please ring 9496 2636.

## **Opening hours**

Our opening hours are Monday to Saturday, 7 am to 8.30 pm. Most people dialyse three times per week. Your dialysis will be either on Monday, Wednesday and Friday, or Tuesday, Thursday and Saturday. Your appointment may be in the morning (between 7:30 am and 9:00 am) or afternoon (between 1:30 pm to 3:00 pm).

You will be given an appointment time for dialysis. Please arrive as close to this time as possible. This avoids delay for you, and other patients.

#### The RDU Team

## **Patient Service Assistants (PSAs)**

PSAs keep the unit clean and tidy, help with restocking supplies, and act as a courier for pathology and pharmacy. They assist with patient meals and drinks, while you are on dialysis, and will help elderly or disabled patients with their belongings.

#### **Ward Clerk**

The Ward Clerk answers the telephone, assists with enquiries, arranges appointments, and delivery of supplies.

#### Nurses

Nurses perform your dialysis treatment. They teach you how to stay well on dialysis. They will take blood tests and check the results – you will need to consent to have your blood tested. Please ask the nurses for the consent form if you have not signed one. They can arrange for you to see other staff, such as a social worker, dietician, or psychologist.

Our unit uses 'primary nursing'. This means you will have one nurse who plans your care and follows up all of your test results and appointments.

#### **Doctors**

Doctors will not visit RDU routinely (unless there is an emergency). If you are unwell, you should be seen in the Emergency Department at the Austin campus or visit your local doctor.

If it is not an emergency, you can make an out patient appointment to see a renal doctor, or your own local doctor. Please make sure your primary nurse knows the name, address and phone number of your local doctor.

If you are unwell at home and need a doctor urgently, call 000 for an ambulance to take you to Emergency at Austin campus. A renal doctor will be contacted to see you there.

## **Transport to RDU**

You must make your own arrangements. Transport is only available for people with Veterans entitlements, or those who have had written approval from their local doctor.

Parking is available close to RDU in the hospital grounds. Ask the Nurse Unit Manager for a car parking pass, and directions.